

Finding Inner Peace and Joy

To celebrate life and live joyfully, we must come from a place that is not full of hurt or anger, stress or boredom, anxiety or fear. Easier said than done – right?

This 2-day workshop teaches you how to use the power of your own consciousness to free yourself from mental states such as hurt, fear, and anger, and move into the deeper states of peace, joy and connection that are available within your own awareness. Acting from these states of awareness gives you the ability to access your deeper wisdom to overcome obstacles, solve problems and live a beautiful life of abundance, love, and fulfillment.

What is your current life experience?

Stressed or Anxious?

Because of school, work or health?

Relationship problems?

Nothing going your way?

Life is Good, but

You want something more, but don't know what or how to get it?

There is an underlying sense of boredom, or that something is missing from life?

Awaken to a Beautiful Life

Create harmony within yourself, deeper relationships and a zest for life

Learn meditative tools to dissolve stress and shift into serenity, connection and clarity

Ride the wave of life with passion and joy, no matter what challenges arise

Here's what some previous attendees have said about this course

"It is one of the most profoundly beneficial workshops that you could ever attend. The information is so deeper wisdom and relevant. It helps you deal with real life situations. It definitely brings you into conscious awareness of how to create a beautiful life for yourself."
Jill Canada

"I had many, many 'ah-ha' moments. The clarity was so profound." Cyndi Canada

"You don't know what you don't know. For most of my life I did not understand how patterns and programs created suffering in me. I just judged myself for the outcome of suffering. Having learned and connected with a new truth - awareness- I believe my life is forever changed."

Sandy USA

"This workshop was enlightening and made a difference for me. I find myself happier and feeling like my old self, which is a pleasant surprise. It opened up something that was there all along." Cathy, Canada

For further information, please contact:

Barry Ronellenfitch, P. Eng.

Email: barry@awarenessexpanding.ca

